

## Further reading:

All of our products are made from natural ingredients. They are designed to work with, and complement, the immune system, thus assisting recovery.

They are free from artificial chemicals, preservatives and fillers, and are suitable for use on adults and children over 1 year old.

However, if you are ill or have a medical condition please consult your doctor or specialist before taking or using any of our products.

We offer a discount to senior citizens—please ask our sales staff.

Our sales team are trained in the use and application of our products, and we offer an excellent telephone advisory service.

We value feedback from our customers so please write in, or email us, with your experience and results of using our products.

We look forward to being of service to you.



**Fine Fettle® Products  
Limited**

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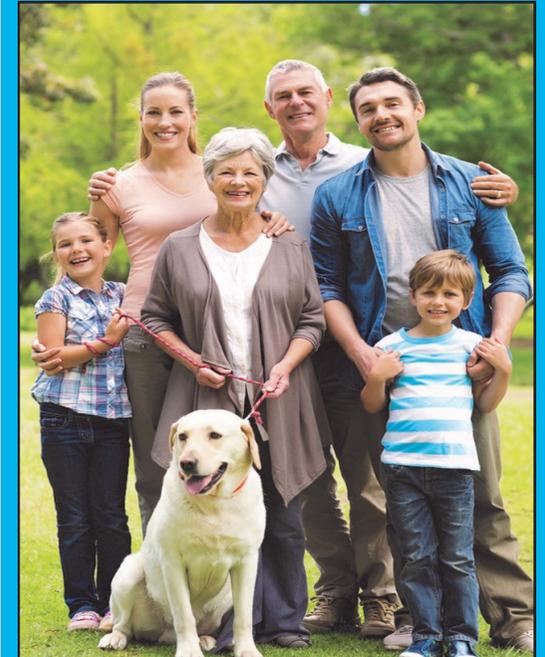
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**FINE FETTLE®  
PRODUCTS**

**FOR A HEALTHY FUTURE**



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## HAPPY TUMMY® CAPSULES



Happy Tummy capsules have been acclaimed by many customers as being an absolute "**godsend**", and testimonials received point to the fact that **Happy Tummy**® Charcoal capsules can help very considerably with many tummy and dietary issues.

Historically, mankind has used charcoal to settle the stomach, and as an antidote to poison.

Our capsules are made from a pure, top quality hardwood charcoal, and the capsules are of vegetable origin which makes them suitable for vegetarians and vegans. They are manufactured to AIB International GMP Standards, and **Happy Tummy**® Charcoal capsules are, without doubt, one of the most useful health food additives to enter the human market this century. Because our foods are now processed and treated with a range of pesticides and preservatives like never before, it's very useful to have to hand a health food additive which helps detox and rebalance the system.



## SKIN DEEP CREAM

Our balm is a thixotropic cream which is moisturising and healing. It is intended to help maintain good skin condition and has a slightly herbal aroma. It is very soothing to the skin and is good for sunburn, dry and itchy patches of skin, scar tissue, scuffs and abrasions. It's also a great face and hand cream, especially for outdoor people, when a light application provides protection against chapping and windburn. Very good for 'gardeners' hands, dry / cracked skin, itchy areas of skin, razor rash, athlete's foot and eczema type conditions. It is made from natural ingredients only.

## FINE FETTLER® FLY-SPRAY



Fine Fettle® Fly-Spray is an effective alkaline skin application made from a complex of herbs. Sprayed onto the skin, it forms a healthy, barrier which helps counter insect bites and irritation. It's effective against mosquitoes and midges also, and so very useful when gardening, out walking, fishing or on holiday. Like most alkaline substances **Fine Fettle® Fly-Spray** combines with the natural oils on the skin to form a compound which helps acidic insect bites or stings to recover more rapidly.

## HAPPY JOINTS® CAPSULES

HAPPY JOINTS® is a food additive made of naturally occurring alkaline minerals, Vitamin C, Citrus bioflavonoids & turmeric, which helps redress the acid / alkaline balance, helping the body to mend itself.

Aches and pains in the joints are usually caused by a build up of acidic waste in the cells surrounding these parts of the body. This causes inflammation and Happy Joints helps and brings relief by reducing this.

HAPPY JOINTS® contains a range of minerals and trace elements often missing from the modern diet. Its formula consists purely of nutrients which, unlike drugs, work in conjunction with your body. Therefore you do not get any unpleasant side-effects from taking these capsules. They should be taken at meal times as part of your diet.

The tub of 250 capsules provides three months supply calculated to achieve results within this time.

Suitable for Vegetarians and vegans.

